THE PASSING PROTOCOLS

Jane Doe

Genius Insight Monthly Report — Molds, Metals & Parasites
Progressive Insights View

HIGH: 10 | MEDIUM: 8 | LOW: 3

This cycle is drainage-led. Lymphatic support and lymphatic stagnation both sit in the high tier with roundworm, hookworm larvae, a dwarf tapeworm, tin, and a cluster of mold toxins (ergot, Fusarenon-X, Chaetomium, patulin). Cervical lymph nodes, kidney support, a castor oil pack, brain edema relief, and interstitial fluid cleansing light up in the medium tier as support signals, not loads. That reads as a terrain that is loaded and whose exits are congested, not blocked. Mercury and strontium, plus two early blood-fluke stages and candida in the lower tiers, point to overlapping cycles rather than one dominant source. Open the lymph first so everything else has somewhere to go.

HIGH PRIORITY FLAGS

- **Ascaris lumbricoides — High**
  The classic triad of black walnut hull, wormwood, and oregano oil, with papaya seeds and pumpkin seeds. Cina is the classic homeopathic worm match. Repeat after two weeks to catch the next cycle.
- **Lymphatic support (red root, cleavers, rebounding) — High**
  A support signal, and the exit route for this cycle. Red root and cleavers as a daily tincture, plus five to ten minutes of rebounding. Keep this running the whole cycle.
- **Lymphatic stagnation — High**
  A support signal that the lymph needs a pump. Pair the same red root and cleavers with daily walking, dry brushing before showers, and gentle strokes toward the heart. Movement is what actually moves the fluid.
- **Ergot Alkaloids – Claviceps purpurea — High**
  Activated charcoal and chlorella bind it. Go easy on rye and older grain products this cycle.
- **Tin — High**
  Chlorella and modified citrus pectin bind it. Cut back on canned foods this cycle, and keep daily bowel movements running.
- **Fusarenon-X – Fusarium graminearum — High**
  A Fusarium trichothecene, so pair activated charcoal with bentonite or zeolite clay. Liposomal glutathione and sauna support clearance, and lighten grain intake this cycle.
- **Chaetomium – Sterigmatocystin — High**
  Chlorella and milk thistle, with NAC and liposomal glutathione behind them. An Aspergillus-style nosode is the energetic match.
- **Patulin – Aspergillus terreus — High**
  Skip apple juice and bruised fruit this cycle. Activated charcoal and chlorella bind it, and NAC with liposomal glutathione supports clearance.
- **New World Hookworm: Necator americanus, Infective Larvae — High**
  Chenopodium (wormseed) is the traditional hookworm specific, with black walnut hull, wormwood, and clove. Wear shoes outdoors on soil.
- **Dwarf Tapeworm: Hymenolepis nana / Vampirolepis nana, Eggs — High**
  Pumpkin seeds, papaya seeds, and black walnut form the tapeworm core. Repeat after two weeks to catch the egg stage, and follow with a mimosa pudica gut sweep.

MEDIUM — WATCH ITEMS

- **Gliotoxin – Trichoderma viride — Medium.** Activated charcoal or zeolite, with glutathione and NAC, within the main binder protocol.
- **Cervical lymph nodes — Medium.** A support signal, and the head-and-neck exit. Cleavers is the go-to herb, with gentle neck lymph strokes toward the collarbone and castor oil packs over the neck and upper chest.
- **Kidney support (parsley, goldenrod, nettle) — Medium.** A support signal. Parsley, goldenrod, and nettle as a rotating daily tea keep the kidney exit open.

• **Castor oil pack — Medium.** A support signal. Use packs over the liver and abdomen several evenings a week to help drainage stay in motion.

• **Mercury (inorganic) — Medium.** Chlorella and cilantro together, with modified citrus pectin, selenium, glutathione, and NAC. Use ALA carefully, only in small, steady doses.

• **Brain edema relief — Medium.** A support signal. Ease fluid in the head with magnesium, omega-3s, and gotu kola, and go slow with mobilizers while this is active.

• **Interstitial fluid cleansing — Medium.** A support signal. Mineral-rich hydration, cleavers, and red root move the fluid between cells. Sauna and dry brushing finish the job at the surface.

• **Strontium — Medium.** Zeolite and seaweed alginates bind it, and enough calcium and magnesium from food helps the body let it go.

LOW

• **Blood Fluke: Schistosoma mansoni, Miracidia — Low.** Artemisia annua, black seed oil, and myrrh, with tansy pairing specifically with S. mansoni.

• **Schistosoma japonicum, Cercaria — Low.** The same artemisinin, black seed, and myrrh core. Covered within the fluke work above.

• **Candida colonization — Low.** Oregano oil, garlic, and pau d'arco, with less sugar this cycle and a gentle probiotic to rebuild.

LYMPHATIC PATHWAYS — KEEP THESE OPEN

• **Cleavers (Galium aparine)** — The primary lymphatic herb. Clears stagnation and supports head and neck nodes; gentle enough for daily use.

• **Calendula** — Lymphatic mover with a soothing touch. Pairs well with cleavers for sluggish drainage.

• **Burdock root** — Blood and lymph cleanser that supports the liver while the lymph clears.

• **Red clover** — Traditional lymphatic tonic. Helps the body process what the drainage pathways are carrying.

• **Movement** — The lymph system has no pump of its own. Walking, rebounding, and stretching are the pump.

• **Dry brushing** — Stimulates surface lymph flow. Brush toward the heart with light pressure before showering.

RECOMMENDED FOR THIS CYCLE

To address the mold, metal, and parasite load:

Open the lymph first: red root, cleavers, and rebounding daily, with dry brushing, castor oil packs, kidney teas, and mineral-rich hydration. For molds and metals, rotate binders (chlorella, activated charcoal, zeolite or bentonite clay, modified citrus pectin, alginates) with liposomal glutathione and NAC. Pair cilantro with chlorella for mercury, and use silica-rich water and minerals for tin and strontium. For parasites, use the black walnut, wormwood, and oregano oil triad as the backbone, with wormseed for hookworm, pumpkin seeds and papaya seeds for the tapeworm, and Artemisia annua, black seed oil, and myrrh for the flukes, followed by a mimosa pudica gut sweep. Take binders away from food and supplements. Run two to three weeks, then pause and re-scan.

To support lymphatic flow:

Cleavers, red root, calendula, and burdock root as a daily tea or tincture. Move every day, plus a few minutes of rebounding. Dry brush before showers, do gentle neck lymph strokes toward the collarbone, and use castor oil packs several evenings a week.

If liver or drainage markers back up:

Pause the heavier items (antiparasitics, cilantro, binders, sauna), increase gentle support with NAC and milk thistle, and lean into the gentle lymph movers (cleavers, calendula) until the markers settle. The terrain has to be able to receive what you're clearing.